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CALPIA Extra Lean Ground Beef (Bulk)

Nutrition Facts

Approximately 200 servings per container

Serving size 4oz (113g)

Amount per serving

Calories 230

% Daily Value*

Total Fat 16g 21%

Saturated Fat 7g 35%

Trans Fat 0.5g

Cholesterol 75mg 25%

Sodium 75mg 3%

Total Carbohydrate 0g 0%

Dietary Fiber --g --%

Total Sugars 0g

Includes --g Added Sugars --%

Protein 21g

Vitamin D 0mcg 0%

Calcium 16mg 2%

Iron 2mg 10%

Potassium 339mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEEF.

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