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CALPIA Roasted Almonds (0.625oz)

## Nutrition Facts

1 servings per container

**Serving size** 0.625oz (18g)

Amount per serving

**Calories** 110

% Daily Value\*

**Total Fat** 9g 12%

Saturated Fat 0.5g 3%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 0mg 0%

**Total Carbohydrate** 4g 1%

Dietary Fiber 2g 7%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 4g

Vitamin D 0mcg 0%

Calcium 47mg 4%

Iron 1mg 6%

Potassium 126mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALMONDS.

CONTAINS TREE NUTS.

01/31/2020