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CALPIA 1/2 Gallon Non Fat Milk

## Nutrition Facts

8 servings per container

**Serving size** 8 fl oz (237g)

Amount per serving

**Calories** 90

% Daily Value\*

**Total Fat** 0.5g 1%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 5mg 2%

**Sodium** 125mg 5%

**Total Carbohydrate** 12g 4%

Dietary Fiber 0g 0%

Total Sugars 12g

Includes 0g Added Sugars 0%

**Protein** 8g

Vitamin D 3mcg 15%

Calcium 306mg 25%

Iron 0mg 0%

Potassium 405mg 8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, NONFAT, WITH ADDED NONFAT MILK SOLIDS & VITAMINS A & D.

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