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CALPIA Ground Chicken

Nutrition Facts

Approximately 200 servings per container

Serving size 4 oz (113g)

Amount per serving

Calories 230

% Daily Value*

Total Fat 17g 22%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 70mg 23%

Sodium 65mg 3%

Total Carbohydrate 0g 0%

Dietary Fiber 0g 0%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 20g

Vitamin D 1mcg 6%

Calcium 10mg 0%

Iron 0mg 0%

Potassium 354mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BONELESS SKINLESS CHICKEN BREAST TRIM.

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