



Quality Products ★ Changed Lives ★ A Safer California

CALPIA Whole Natural Almonds (1.25oz)

Nutrition Facts

1 servings per container

Serving size 1.25oz (35g)

Amount per serving

Calories 210

% Daily Value*

Total Fat 19g 24%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 0%

Total Carbohydrate 7g 3%

Dietary Fiber 4g 14%

Total Sugars 2g

Includes 0g Added Sugars 0%

Protein 8g

Vitamin D 0mcg 0%

Calcium 84mg 6%

Iron 1mg 6%

Potassium 234mg 4%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALMONDS.

CONTAINS TREE NUTS.

01/31/2020