



Quality Products ★ Changed Lives ★ A Safer California

CALPIA 1/2 Gallon 1% Low Fat Milk

Nutrition Facts

8 servings per container

Serving size 8 fl oz (237g)

Amount per serving

Calories 100

% Daily Value*

Total Fat 2.5g 3%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 10mg 3%

Sodium 125mg 5%

Total Carbohydrate 12g 4%

Dietary Fiber 0g 0%

Total Sugars 10g

Includes 0g Added Sugars 0%

Protein 8g

Vitamin D 2mcg 10%

Calcium 303mg 25%

Iron 0mg 0%

Potassium 384mg 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: 1% MILK, VITAMINS A&D, NONFAT MILK SOLIDS.

06/12/2020