



Quality Products ★ Changed Lives ★ A Safer California

CALPIA 100% Wheat Bread - 2 Slice Pack

## Nutrition Facts

1 servings per container

**Serving size** 2 slices (57g)

Amount per serving

**Calories** 140

% Daily Value\*

**Total Fat** 3g 4%

Saturated Fat 0g 0%

Trans Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 240mg 10%

**Total Carbohydrate** 22g 8%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

**Protein** 6g

Vitamin D 0mcg 0%

Calcium 43mg 4%

Iron 1mg 6%

Potassium 119mg 2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE WHEAT FLOUR, WATER, SOYBEAN OIL, GLUTEN, BREAD BASE, BAKERS YEAST, CALCIUM PROPIONATE CRYSTAL.

CONTAINS SOY, WHEAT.

01/31/2020