

100% Whole Wheat Bread - Sliced Loaf

Nutrition Facts

12 servings per container

Serving size **2 Slices (57g)**

Amount Per Serving

Calories 220

% Daily Value*

Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 370mg	16%
Total Carbohydrate 39g	14%
Dietary Fiber 2g	7%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	

Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.4mg	15%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, BREAD BASE, WHEAT GLUTEN, YEAST, CALCIUM PROPIONATE

CONTAINS: WHEAT, SOY

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