

# 100% Whole Wheat Bread - 2 Slice Pack

## Nutrition Facts

1 serving per container  
**Serving size      2 Slices (57g)**

**Amount Per Serving**  
**Calories** **220**

	% Daily Value*
<b>Total Fat</b> 3.5g	<b>4%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 370mg	<b>16%</b>
<b>Total Carbohydrate</b> 39g	<b>14%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>

<b>Protein</b> 7g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2.4mg	15%
Potassium 70mg	2%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ENRICHED UNBLEACHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SOYBEAN OIL, BREAD BASE, WHEAT GLUTEN, YEAST, CALCIUM PROPIONATE

CONTAINS: WHEAT, SOY

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